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Soybeans

A Brief Description of Common Contacts

Soybeans have been grown in Asia for centuries, especially in China. To the orientals, they have been their bread, meat, and oil. Since 1804, American farmers have grown them and fed them to livestock or plowed them under for fertilizer. In the last few years chemists have found many uses for this lowly bean, and soybeans are proving to be a treasure and a bonanza.

I. FOODS

1. **Bakery Goods** - Soybean flour containing only 1% oil is now used by many bakers in their dough mixtures for breads, rolls, cakes and pastries. This keeps them moist and saleable several days longer. The roasted nuts are used in place of peanuts. K-Biscuits and several crisp crackers have soybeans flour in them.
2. **Sauces** - Oriental Show You Sauce, La Choy Sauce, Lea & Perrins Sauce, Heinz Worcestershire Sauce
3. **Cereals** - Sunlets-American Dietaids Co., Yonkers, N.Y. Cellu Soy Flakes-Chicago Dietetic Supply House, Chicago, Ill.
4. **Salad Dressing** - E-P-K French Dressing, Price Flavoring & Extract Co., Chicago, Ill. Many of the salad dressing and mayonnaises contain soy oil but only state on the label that they contain vegetable oil. Present conditions have necessitated the use of soy oil in many brands of oil previously free of soybean.
5. **Meats** - Pork link sausage and lunch meats may contain soybeans.
6. **Candies** - Soy flour is used in hard candies, nut candies and caramels. Lecithin is invariably derived from soybean and is used in candies to prevent drying out and to emulsify the fats.
7. **Milk Substitutes** - Sobee-Mead Johnson & Co., Mull-Soy-Borden Co. Some bakeries use soy milk instead of cow's milk
8. **Ice Cream**
9. **Joy Anna-A. Dietaids Co.**
10. **Soups**
11. **Vegetables** - Fresh soy sprouts are served as a vegetable especially in Chinese dishes.
12. **Nuts** - Soys are roasted, salted and used instead of peanuts.
13. **Soybeans noodles, macaroni and spaghetti.**
14. **Reezon seasoning-A. Dietaids Co.**
15. **Crisco, Spry and other shortenings.**
16. **Oleo margarine and butter substitutes.**
17. **Cheese Tofu, Natto and Miso as well as some others.**

II. CONTACTS

Varnish	Candles	Linoleum	Paper finishes	Soap	Glycerine
Paints	Celluloid	Paper Sizing Adhesives	Blankets	Automobile Parts	Textile Dressing
Enamels	Cloth	Fertilizer	Urease	Custards	Lubricating Oil
Printing Ink	Massage Creams	Nitroglycerine	Gro-Pup Dog Food	Fodder	Illuminating Oil
					Coffee Substitute.

Ford is using soybean to make plastic window frames, steering wheels, gear shift knobs, distributors and other parts. They are also making an upholstery fabric. Rubber substitutes and lecithin in leaded gasoline are made from soybeans.

III. NEW CONTACTS

Many new contacts are to be expected. If you remember that it is used as FLOUR, OIL, MILK AND NUTS, it will be possible to anticipate most new contacts.