



PATIENT INSTRUCTIONS BEFORE ALLERGY TESTING

Medications that need to be stopped 5 days prior to your visit (All Antihistamines):

Alavert	Diphenhydramine
Allegra	Fexofenadine
Astelin	Loratadine
Astepro	Patanase
Atarax	Periactin
Benadryl	Sinequan
Citirizine	Vistaril
Chlor-Trimeton	Xyzal
Clarinex	Zantac
Claritin	Zyrtec
Dimetapp	

Medications that are safe to use before your visit:

Albuterol
Prednisone
Singular
Ventolin
Xopenex
All Asthma Inhalers
All Blood Pressure Medications
All **other** Nasal sprays

If you have a question about a specific medication, please contact our office.